

## CAMPING – CHECK LIST

### CLOTHING and FOOTWEAR:

- Jacket (water / wind resistant)
- Polar-fleece jumper
- Combi-pants or jeans and shorts
- Beanie
- Sun hat or cap
- T-shirts and long sleeve shirts
- Tracksuit or pyjamas
- Underwear
- Socks
- Neat casual clothing (for outings when required)
- Swimmers (and extra towel)
- Boots or joggers
- Sandals or slip-ons
- Thongs

### TOILETRIES:

- Solar shower
- Towel (preferably quick drying micro-fibre)
- Soap or shower gel
- Shampoo and conditioner
- Toothbrush and toothpaste
- Shaver and spare blades
- Deodorant
- Brush / comb
- Hairdryer (power not always available)
- Cosmetics
- Mirror

### TOILET KIT:

- Folding toilet seat (optional)
- Small shovel
- Toilet rolls
- Flushable wipes
- Small plastic (nappy disposal) bags
- Matches
- Waterless hand-wash

### PERSONAL:

- Refillable water bottle
- LED torch or LED headlamp
- Sunglasses
- Prescription spectacles
- Sunscreen
- Personal insect repellent
- Prescription medication/s (if required)
- Non-prescription medication/s (if required)
- Camera, storage cards, card reader
- Mp3 player
- Laptop computer, wireless broadband card
- Charging equipment / spare batteries

### PICNIC BAG: (or plastic box containing)

- Dinner plates (melamine or stainless steel)
- Cereal / soup bowls (melamine or stainless steel)
- Drinking mugs (stainless steel or melamine)
- Knives, forks, dessert-spoons, teaspoons
- Stubby holders / poly-carbonate wine cups
- Thermos
- Tea, coffee, sugar, long-life milk, salt and pepper.

### CAMPING EQUIPMENT:

- Tent, tent poles, guy ropes, tent pegs (+ sand pegs) or Swag
- Ground-sheet
- Plastic bag to store dusty groundsheet
- Camp table (lightweight aluminium or similar)
- Camp chairs (lightweight, sturdy, comfortable)
- LED camp light/s (and spare batteries)
- Camp bed or quality mattress (use plastic-backed picnic blanket/ground sheet under mattress if directly on tent floor)
- Sheets, pillow, doona or sleeping bag/s
- Cooker (+ spare fuel) and stand
- Cooking equipment (kettle, folding toaster, chopping board, saucepans, frying pan (or camp oven - use lid as frying pan), trivet, tongs, sharp knife, can opener, wooden stirring spoon, vegetable peeler, egg lifter, small containers - use for 'left-overs')
- Kitchen extras: (paper towel, foil, plastic wrap, resealable plastic bags, small rubbish bags, strong large garbage bags, tablecloth, paper napkins, waterless hand-wash, fire-lighter, dust-pan and brush)
- Washing-up kit (washing-up basin, washing-up liquid, dish-cloths, scourers, tea towels)
- Laundry kit (small washing bucket, pegs, concentrated washing liquid, temporary clothes line)

### COMMUNICATION:

- Satellite telephone (rent or purchase)
- Mobile telephone
- Hand-held CB radio/s

### SAFETY:

- First Aid Kit
- Fire blanket
- PLB
- Safety V-Sheet